

A photograph of a winter scene with snow falling and a red cardinal perched on a branch. The cardinal is the central focus, perched on a dark, snow-dusted branch. The background is a soft-focus view of other trees and falling snow, with some warm lights visible in the distance. The overall mood is serene and wintry.

OLLIE

Indiana State University

**WINTER
2025
PROGRAM
GUIDE**

Jan 1 — April 30

CURIOSITY NEVER RETIRES

WELCOME
to
OLLI at ISU
where
CURIOSITY
NEVER
RETIRES

We are so glad that you have chosen to join us!

Our members come from many different backgrounds with one common purpose—they want to learn!

No homework.
No tests.
No grades.

Learning for the love of learning.

OLLI at ISU offers an enormous range of topics. From Einstein to Elvis, from gardening to gaming, there is something for everyone.

OLLI brings people together as they make new friends and share their love of learning.

**A Quick Note from
OLLI Coordinator Pete Kikta**

WELCOME
INDIANA STATE
ALUMNI!



We are thrilled to welcome nearly 3,000 Indiana State University alums from the Indianapolis and Vincennes areas who are receiving the OLLI at Indiana State Program Guide for the first time! We are excited to invite you to join the OLLI family!

Expanded Opportunities with OLLI at Indiana State

In the past, OLLI at Indiana State membership was primarily for those close to campus. But now, things have changed! With the launch of Osher Online courses in Fall 2024, dynamic, engaging classes taught by nationally renowned instructors are available to OLLI members across the country—right from the comfort of home.

Why You Should Join Us

Osher Online courses offer a convenient option for you. And for in-person courses or events that really pique your interest, you are only a short 60-70 minute drive to Terre Haute. Our affordable annual \$25 membership fee makes OLLI at Indiana State a great way to stay engaged and connected with lifelong learning.

Explore Indiana State University and Terre Haute

When you do come to Terre Haute for a live class, take time to explore both the campus and the city. Indiana State University has grown into a beautiful, vibrant hub of learning, and Terre Haute itself is booming with new energy. From the new Convention Center to the Terre Haute Casino Resort, there is so much to see and do!

Browse Our Winter 2025 Program Guide

We're confident that once you explore this guide, you'll be eager to join. Share this exciting opportunity with friends—membership isn't limited to Indiana State alums. Instructions on how to become a member and sign up for classes are included in this program guide.

Welcome to OLLI at Indiana State, where **Curiosity Never Retires!**

Pete...

About OLLI at ISU

The Osher Lifelong Learning Institute is a forum for adults of all academic backgrounds to learn about a wide variety of interesting and engaging topics. OLLI at ISU is made possible by the substantial support of the Bernard Osher Foundation and Indiana State University. These supporters make it possible for OLLI at ISU to offer unique learning opportunities to residents of the Wabash Valley and beyond.

Member Benefits

- Become part of a vibrant community of engaged and engaging members.
- Access dozens of non-credit short courses taught by faculty from ISU, RHIT, and SMWC as well as community experts.
- Access Osher Online courses.
- Free campus parking!
- Receive advanced mailing of Program Guides for all three OLLI at ISU terms.
- Receive email announcements and reminders about OLLI events as well as community events and ISU programs.

Membership Options

Annual Membership

September 2024 through August 2025

\$25

Summer-Only Membership

May 2025 through August 2025

\$10

OLLI at ISU Staff

Pete Kikta

OLLI Coordinator

(812) 237-2336

Pete.kikta@indstate.edu

Melissa Chase

Continuing Education

Specialist

(812) 237-9040

Melissa.chase@indstate.edu

Molly Lee

Graduate Assistant

(812) 237-8996

Isu-olli@indstate.edu

Advisory

Council

Deborah Brown

Karen DeGrange

Nancy Edwards

Rebecca Graves

Bruce McLaren

David Rose



OLLI at ISU

How To Register Online

New Members

❑ Step One: Find OLLI Online

Type indianastate.edu/olli into your browser search bar.

❑ Step Two: Register

Click on the blue bar that says **CLICK HERE TO REGISTER**.

❑ Step Three: Create Membership Account

You must set up a membership account in order to register. It's easy. Click through the following sequence.

- **SIGN UP** (complete the online registration page)
- **ADD ACCOUNT** (takes you to the My ACCOUNT page)
Go to **COURSES** followed by **Osher Lifelong Learning** followed by **OLLI 2024 ANNUAL MEMBERSHIP** followed by **ENROLL YOURSELF or SOMEONE ELSE** followed by **SAVE TO CART**
- This sets up your membership and allows you to **ADD MORE COURSES** by returning to the Course Schedule by Program/Osher Lifelong Learning again.

❑ Step Four: Checkout

After making your selections, **PROCEED TO CHECKOUT**

❑ Step Five: Payment

Have your credit or debit card ready to submit your payment information which completes your registration. You will receive a receipt from the software system.

Returning Members

- Follow Step #1 and Step #2, then click **LOG ON** located on the top blue ribbon bar.
- Log on by entering the **EMAIL ADDRESS** you used when you signed up for OLLI at Indiana State, then enter your **PASSWORD**. This would be the password you created the first time you logged onto the OLLI registration system.
- If you have never registered online or if you have forgotten your password, you still have an account under your email address; click on **FORGOT/DON'T KNOW?** to reset your password.
- Suggestion #1: Use the Program Guide and Registration Form to plan ahead.
- Suggestion #2: Have your credit card ready because the payment portion of the registration software is time sensitive.

OLLI Policies

Privacy

The Osher Lifelong Learning Institute at Indiana State University does not share, sell, or rent its mailing lists. In addition, by becoming an OLLI member, you grant the Osher Lifelong Learning Institute permission to use your likeness in photograph, video, or other digital media in any and all of its publications, including web-based publications, without payment or other consideration.

Registration

Registrations can be taken online, through the mail, or over the phone, though online registration is the most efficient and preferred method of registration. Registrations are non-transferable; no day-of or walk-in registrations accepted. Those who present themselves at a course or event without registration will not be permitted to attend.

Program Cancellation/Refund

In the event a program is canceled due to weather or other circumstances beyond the Institute's control, members will be notified by email and/or phone of the cancellation. If Indiana State University is closed or cancelled for any reason, OLLI at ISU programs will also be cancelled. Check local television and radio stations for notices of university closure. Cancelled programs may be rescheduled, and if so, those members enrolled in those programs may choose to either attend on the rescheduled date or receive a full refund. If the program is not rescheduled, members will receive a full refund. Members who cancel a program registration will only receive a full refund if the following criteria are met: cancellation is received in the OLLI office 15 business days prior to the first meeting of any Course or Osher Online Course, cancellation is received in the OLLI office 30 business days prior to the event for a Special Event and/or 30 business days prior to the departure date for all day trips and overnight trips.

Program Accessibility

OLLI at ISU tries to accommodate persons with disabilities; however, several programs are off the Indiana State University campus and are out of the control of OLLI or ISU. Please call the OLLI office at (812) 237-2336 to discuss your needs.

Osher Online

Welcome to OsherOnline!

Get excited to learn from premier instructors with OLLI members from across the nation!

Osher Online was created by the Osher National Resource Center (NRC) at Northwestern University to expand member access, increase institute collaboration, share resources, and ensure the legacy of the Osher Institutes. Classes are delivered by the Osher NRC who will provide moderators and technical assistance.

Cost: \$60 per course Limit: 13 per course

After registering for Osher Online classes, students will receive a welcome email from the Osher NRC that includes an Osher Online username and password as well as a link to the Osher Online Website, through which classes will be accessed. The website holds the class Zoom link, syllabus, discussion board, and Customer Care contact information. Students will also have access to a pre-class orientation full of helpful information for accessing their classes.

It is recommended that students test their ability to log in prior to the start date of each new class. On class days, students are also encouraged to log on 10-15 minutes before the start time to provide ample opportunity to get tech support and troubleshooting from the NRC if necessary.

Times shown are Eastern Time.

WINTER OsherOnline COURSES

Registration Deadline: January 2

First Class

The History of the U.S. Post Office

With **Caroline Nappo, PhD**

January 14, 21, 28 February 4, 11, 18

7:00 p.m. to 8:30 p.m.

What comes to mind when you think of the post office? Is it the unique beauty of a stamp, the thrill of an awaited delivery, or an iconic blue collection box? Do you equate the post office with obsolescence, or do you think of recent coverage of controversial austerity measures? As the country's second-largest employer, the US Post Office has a fascinating history that showcases the best

and worst of American society. This course explores what precipitated the creation of the Post Office, its role in fostering and hindering democratic communication, and numerous examples of innovation over the centuries up to the present-day USPS. The course concludes by considering what the future of the post office might look like, with a renewed appreciation for the democratic ideals for which it stands.

Caroline Nappo, PhD is an independent scholar with a master's and PhD in Library and Information Science from the University of Illinois who has published and presented on postal history.

**100 Years of Magic
The Disney Legacy & Influence**With **Emma Miller, MBA**January 15, 22, 29 February 5, 12, 19
3:00 p.m. to 4:30 p.m.

This course explores the 100-year history of one of the largest and most globally recognized brands, Walt Disney. It starts by understanding Walt himself, and then dives into the organization's different business units, exploring the film and media side of the business as well as the parks and resorts. The class "peeks under the hood" at what it is like to work at Disney, and the course

closes by learning about Disney's leadership over the years and how they have wielded their influence in politics. Throughout this course, the instructor will seek out varying perspectives, giving the class a view from those who revere the Magic Kingdom, those who critique it, and everywhere in between.

Emma Miller, MBA started her career working for the Mouse, which was the travel agency sales arm of Walt Disney World Parks and Resorts. Since then, she has worked in media and marketing, including time at McDonalds. Miller holds a bachelor's degree from the University of Notre Dame and an MBA from the University of Chicago.

Storytelling & SelfWith **Jen Baker, PhD**January 23, 30 February 6, 13, 20, 27
7:00 p.m. to 8:30 p.m.

This course explores the internal stories we tell ourselves and the external stories we tell others. Our internal stories define us, and our attitudes and emotions toward ourselves. Our external stories are outward-focused and lean toward a conversational resume, to some extent. The course considers our life as a series of chapters, or phases, and spends time investigating our

current stories. It also explores how we envision our future story. By the end of this six-week course, participants will have a future story to share.

Jennifer (Jen) Baker, PhD is an expert in the interdependence of communication theory and practice. She has been teaching communication courses for over 20 years, starting at the University of Texas at Austin, then the University of North Carolina at Greensboro, and now at Columbia College Chicago and Northwestern University.

WisdomWith **David Smith, PhD**January 23, 30 February 6, 13, 20, 27
1:00 p.m. to 2:30 p.m.

Wisdom is the ability to apply knowledge in the real world in a constructive way—to enrich individual lives and to make the world a better place. Wisdom is often found at the intersection of theory and experience. How does modern expertise benefit the individual, and how can that person convince the general population to value it? How does life experience create wisdom? This course

explores the biological, philosophical, social scientific, and experiential aspects of wisdom and analyzes what ancient and contemporary sources have to say about it.

David E. Smith, PhD grew up in the world of fundamentalist religion. After earning an MA in philosophy of religion, he received a second MA and a PhD in religious studies from Temple University. Formerly a philosophy and religious studies faculty member at Central Washington University, he now offers independent seminars and personal consultations in comparative religion and philosophy. He has published widely in these areas.

My Native Land in Memory Stories of a Cuban Childhood

With **Olivia Espin, PhD**

January 24, 31 February 7, 14, 21, 28

1:00 p.m. to 2:30 p.m.

Using Dr. Espin's memoir of childhood and adolescence, which was the recipient of the San Diego Book Award in 2021, the class discusses the Cuban political landscape in the mid-20th century. This memoir recreates a world that no longer exists: pre-revolutionary Cuba in the 1940s and 50s. Cuba's fraught history and political instability are interwoven with a personal story to create a web of

history, family, and cultural analysis. This is a young woman's individual struggle for identity and independence against the background of the country's national struggle. Family photographs and site photographs illustrate the details of the story and the process and meaning of memory and memoir for authors and readers. Dr. Espin will read some excerpts to illuminate the narrative.

Olivia M. Espin, PhD is Professor Emerita in the Department of Women's Studies at San Diego State University and the California School of Professional Psychology of Alliant International University.

Huck Finn's America

With **Jeff Walker, PhD**

January 27 February 3, 10, 17, 24 March 3

1:00 p.m. to 2:30 p.m.

Mark Twain's *Adventures of Huckleberry Finn* is often misunderstood as a boy's adventure book or merely a dialogue on race. Instead, this classic novel addresses youth violence and bad boys, schools and parents, and civil rights and minstrel shows. The novel, banned in New England, needs to be read and discussed anew for a better understanding of America, then and now. Join this

course for a new and fresh analysis of this highly criticized and misunderstood novel.

Jeffrey Walker, PhD, Emeritus Professor of English at Oklahoma State, is a Fulbright lecturer in Norway and Belgium where he won the Phoenix Award for outstanding graduate teaching, the A&S Outstanding Professor Award, and the Regents Distinguished Teaching Award. His teaching interests include American literature, Dickens, the history of the book, textual editing, comedy, mystery, and film.

Color & Symbolism in Art History

With **Eleanor Schrader**

January 27 February 3, 10, 17, 24 March 3

5:00 p.m. to 6:30 p.m.

Artists use color to create an array of symbolism, emotions, and sociopolitical meanings within the context of the time period in which they created their works of art. Additionally, within these works, artists utilized their knowledge of color to portray mood, light, depth, and point of view. Progressing through the colors of the rainbow each week, the class will discuss a variety of

paintings throughout art history to understand the artists' intention and the stories behind the paintings within their respective color spheres. The class will also discuss the histories of color, their meanings in various societies and cultural contexts, and the materials and processes used to make colors.

Eleanor Schrader is an award-winning educator, lecturer, and author. She is a Professor Emerita of Art and Architectural History at Santa Monica College. She has completed graduate work in fine and decorative arts at Sotheby's Institute in London and New York. She has served as a design review commissioner for the City of Beverly Hills.

Immigrants in America Stories of Jazz, Blues, Rock & Pop Culture

With **Emanuel Abramovits, MBA**

January 27 February 3, 10, 17, 24 March 3

5:00 p.m. to 6:30 p.m.

This course documents the fertile interaction between minorities that transformed both 20th century music and the entire entertainment industry. It examines how minorities significantly impacted American popular culture and explores their contributions to various musical genres, record labels, booking agencies, venues, innovations, and production. With strong support from

audiovisuals, anecdotes, and the instructor's decades of experience as a concert promoter working with some of the biggest names in the industry, the class will learn about Irving Berlin, George Gershwin, Benny Goodman, Stan Getz, Norman Granz, Bob Dylan, Milt Gabler, Leonard Cohen, Lou Reed, Al Kooper, Adam Sandler, Avishai Cohen, Kiss, and many more.

Emanuel Abramovits, MBA, has been a concert promoter for over two decades. He is directly involved in events by international artists like Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, ASIA, Journey, Kenny G., and many more.

Modern War What Is It Good For?

With **Jeff Rice, MSc**

January 28 February 4, 11, 18, 25 March 4

11:00 a.m. to 12:30 p.m.

Vietnam, viewed by many as a turning point between old and new approaches to war, raised many questions about the role of superpowers, asymmetrical resources, and counterinsurgencies on the world stage. This course looks at the wars in Vietnam, Iraq, Afghanistan, Ukraine, and Gaza. All of these wars are asymmetrical, but what else do they have in common, and how are they informed

by Vietnam? The class discusses how superpowers are central players in these conflicts by way of their supplies and support. It also examines human ways of evaluating the politics and strategies, particularly what happens when three vectors cannot agree: the public, politicians, and the military.

Jeff Rice, MSc attended Northwestern University then pursued graduate work at the University of Edinburgh. He is currently an Emeritus Senior Lecturer in political science at Northwestern, specifically in the areas of US history of the 60's, military strategy, and student protest and free speech.

A Tourist's Tour of the Wider Universe

With **Andrew Fraknoi, MS**

January 28 February 4, 11, 18, 25 March 4

5:00 p.m. to 6:30 p.m.

The James Webb Space Telescope, orbiting a million miles from Earth in the deep freeze of space, has sent back remarkable information and dramatic images of the faint heat rays that come from objects in the universe. The Hubble Telescope continues to observe some of the same stars and galaxies with visible light. Never before have we had images of the cosmos so rich in color and

detail. This profusely illustrated course offers a guided tour of the wider universe as astronomers understand it today. Prof. Fraknoi covers this information in everyday language and without any math as he examines star birth and star death, the organization and structure of the Milky Way, cosmic mergers and collisions, and the great web of galaxies that provides clues about the beginning and development of the cosmos.

Andrew Fraknoi, MS was the Chair of the Astronomy Department at Foothill College. He appears regularly on local and national radio, explaining astronomical ideas in easy to understand terms.

The Secret Lives of Familiar Birds

With **Elizabeth Burnette, MS**

January 29 February 5, 12, 19, 26 March 5

11:00 a.m. to 12:30 p.m.

The earth is populated with billions of birds, yet to many they remain mysterious. This course examines the fascinating characteristics, habits, and lives of North American birds including how they keep warm, how they fly, when, why, and how they sing, and more. The classes will be divided into these categories: bird ancestry and anatomy, diet and nesting, flight and migration, threats,

and behavior and songs. The class will also cover birds of prey, songbirds, waterfowl, and the common loon. Join this interesting exploration of how birds live, move, breathe, and think.

Elizabeth Burnette, MS attended Cornell University for a BS in engineering physics, worked on Space Shuttle experiments at NASA's Jet Propulsion Laboratory, then obtained a master's degree in Astrophysics from the University of Pittsburgh. Burnette has been teaching astrophysics, physics, and science for the Osher Lifelong Learning Institute at Pitt and is a returning Osher Online instructor.

The World of Musical Satire

With **David Misch**

January 29 February 5, 12, 19, 26 March 5

7:00 p.m. to 8:30 p.m.

Satire is one of the oldest forms of humor. Adding music seems to make it even more powerful. This course explores the art of musical satire in a variety of genres, cultures, and eras, especially in America since 1950. This multimedia course covers *Yankee Doodle*, Gilbert and Sullivan, the Gershwins, the Marx Brothers, Monty Python, *Saturday Night Live*, *South Park*, and *Key and*

Peele. It also cover a bountiful bevy of B's: Bernstein, the Beatles, Bo Burnham, and Bugs Bunny. Because satire is often dependent on social and historical events, this course is as much cultural history as music appreciation. And while words are preeminent in musical satire, we will also discuss the music and its interactions with lyrics.

David Misch is a former stand-up comedian, screenwriter (*Saturday Night Live*, *Mork and Mindy*, and *The Muppets Take Manhattan*), author, and lecturer at Yale, Columbia, Oxford, Sony, DreamWorks, Lucasfilm, Disney, Second City, and the Actors Studio.

Science Everyone Needs to Know

With **Kjir Hendrickson, PhD**

January 30 February 6, 13, 20, 27 March 6

1:00 p.m. to 2:30 p.m.

Regardless of one's choice of news media, it is nearly impossible to navigate today's information-heavy world without coming across stories on topics such as evolution, vaccines, and global warming. Each of these topics is the subject of various conspiracy theories and misinformation campaigns. How does a person make sense of what they hear on the news when so much

information comes from unvetted and non-neutral sources, such as the Internet and the media? This course is a non-technical introduction to these three critical matters in modern science. The class examines what scientists know, how they know what they know, how certain they are, and why there is such a disconnect between scientific understanding and the public's perception of the science.

Kjir Hendrickson, PhD is a teaching professor in the School of Molecular Sciences at Arizona State University and the author of the textbook *Chemistry in the World*.

**Whole-Person Health & Well-Being
Innovative Care from the
Osher Collaborative for Integrative Health**

January 31 February 7, 14, 21, 28 March 7
3:00 p.m. to 4:30 p.m.

This course provides a unique opportunity to learn from the experts in the Osher Collaborative for Integrative Health, an international group of eleven academic health centers funded by The Bernard Osher Foundation to study, teach, and practice integrative healthcare. The

eleven Osher Centers are located at highly respected medical schools and medical centers and emphasize integrative healthcare approaches to promote health and well-being. Each Osher Center focuses on whole-person health and wellness using healing strategies such as acupuncture and East Asian Medicine, Ayurvedic medicine, yoga, massage, meditation, physical activity, and nutrition. In this course, Osher Collaborative practitioners, researchers, and educators will discuss the science behind integrative healthcare remedies and explain its impact.



SPRING OsherOnline COURSES

Registration Deadline: March 14

Women: The Forgotten “Men” in History

With **Diana Carlin, PhD**

March 31 April 7, 14, 21, 28 May 5

3:00 p.m. to 4:30 p.m.

Many individuals contribute to history but never get their due. Women and other marginalized groups traditionally received less ink in history books than the "great men" of history who were mainly white males. This course looks at nine women (three each session) whose achievements are not commonly known. Among the nine are a scientist, a winner of the Nobel Peace Prize, a

pioneering pilot, a suffragist, a candidate for the US presidency, a rights activist for women and African-Americans, a British anthropologist, and a pioneering politician from the Western US.

Diana Carlin, PhD is Professor Emerita of communication at Saint Louis University. For 30 years, she has taught courses on and written about First Ladies. She is the co-author of *U.S. First Ladies: Making History and Leaving Legacies* and *Remember the First Ladies: America's History-Making Women*. Carlin writes on the topics of women in politics, presidential communication, and political debate.

The Essential Jane Austen

With Juliette Wells, PhD

March 31 April 7, 14, 21, 28 May 5

5:00 p.m. to 6:30 p.m.

In honor of Jane Austen's 250th birthday in 2025, this class explores her life, works, and legacy from a fresh perspective. Both seasoned readers and those new to Austen will appreciate experiencing the story of her authorship through images of original documents and artifacts. Warmly supported by her family, especially her clergyman father, Austen began writing fiction in her

teenage years but was in her thirties before her first book was published. Discover what happened during those years and how a household of creative women made it possible for her to focus on her writing and achieve publication. The class considers how and why her literary reputation grew after her death and why contemporary adaptations and retellings continue to broaden her readership.

Juliette Wells, PhD is a Professor of Literary Studies at Goucher College, known for her groundbreaking research on Jane Austen.

Bonsai An Ancient Art in Modern Times

With Chris Baker

March 31 April 7, 14, 21, 28 May 5

7:00 p.m. to 8:30 p.m.

Bonsai is a centuries-old practice of training trees in containers to resemble those in nature. This course explores the key components of bonsai: horticulture, design, and technical skills. By the end of the course, students will understand how to maintain a healthy tree, develop their own design style, and apply essential techniques. Whether new or experienced in bonsai or

simply curious, this course guides each learner through the fundamentals of this fascinating art form.

Chris Baker has worked with bonsai for over 18 years, beginning as an enthusiast with a passion for horticulture and nature. His career shifted after a meeting with bonsai curator Jack Sustic at the U.S. National Arboretum in 2010, leading him to volunteer and eventually study with bonsai master Tohru Suzuki in Japan. In 2014, Baker became the first full-time curator of the Chicago Botanic Garden's bonsai collection.

The Magic of the Brill The Soundtrack of Rock & Pop in the 50s & 60s

With Michael Agron

April 1, 8, 15, 22, 29 May 6

5:00 p.m. to 6:30 p.m.

Beginning in New York City in the 50s, where the echoes of Tin Pan Alley's Great American Songbook still resound, a new generation of talented songwriters and musicians filled the airwaves and shaped the soundtrack of popular American culture. This course is a journey into the melodies, stories, and vibrant personalities behind the Brill Building era of the late 50s and 60s. The class

discusses the music of legendary songwriters such as Carole King & Gerry Goffin, Neil Sedaka & Howard Greenfield, Phil Spector, Jerry Leiber & Mike Stoller, Burt Bacharach & Hal David, Neil Diamond, and others. The class rediscovers tunes from Elvis Presley, the Drifters, Dionne Warwick, the Ronettes, the Monkees, Manfred Mann, Andy Williams, the Righteous Brothers, and many others.

Michael Agron has delivered engaging seminars for Sacramento State University's Renaissance Society as well as numerous lifelong learning organizations across the nation

Crossword Puzzle Creation

With **Steve Weyer**

April 2, 9, 16, 23, 30 May 7

3:00 p.m. to 4:30 p.m.

Curious about how crossword puzzles are created? This course appeals to those interested in constructing crosswords, understanding the process, or becoming better solvers. All steps of crossword puzzle creation will be explored, including tools, formats, themes, grid block arrangement, challenging clues, and more. The course also covers how to submit a puzzle for publication. After

a brief introduction to free-form style puzzles, the focus will shift to U.S. newspaper-style, symmetric, themed 15 x 15 puzzles like those in the *New York Times*, including an OLLI-themed puzzle. Several crossword puzzles will be constructed collaboratively throughout the course.

Steve Weyer has been a cruciverbalist (crossword aficionado) since the 1990s. He is the creator of CrozzWord, a mobile app for crossword solving. Weyer constructs crosswords for libraries and other organizations and publications. His first *New York Times* crossword debuted in November 2023.

Future Proofing Your Healthspan & Longevity

With **Scott Fulton**

April 2, 9, 16, 23, 30 May 7

1:00 p.m. to 2:30 p.m.

Longevity comes down to one simple truth: the ability to weather the inevitable challenges life unexpectedly presents. Resilience is the key to an extended healthspan. Western society is entering a phase of significant transformation that will change how aging is experienced. This course is a condensed version of Fulton's Whealthspan Masterclass, focusing on the five

foundations for extending healthspan and examining societal changes that will impact everyone. The latest and most relevant age-related science will be distilled for a general audience along with strategies for optimal outcomes that align with diverse cultures and values.

Scott Fulton is recognized internationally as a "Redefiner" in the positive aging space. Fulton researches improving adult aging outcomes. He teaches Lifestyle Medicine and Aging, is an American College of Lifestyle Medicine member, and sits on the prestigious True Health Initiative Council.

Russia Beyond Russians

With **Asya Pereltsvaig, PhD**

April 3, 10, 17, 24 May 1, 8

1:00 p.m. to 2:30 p.m.

The Russian Federation is home to 180 nationalities, many of which have long been in conflict. Focusing on recent events in Russia and the post-Soviet space, this class examines how Tsars, Soviets, and President Vladimir Putin sought to impose uniformity, often diminishing ethnic groups. Through a historical lens, the class explores the struggles of these groups, from

peaceful movements like the Circassian movement to violent resistance like Chechnya. Contemporary Russian culture—including music, cinema, cuisine, and humor—will also be discussed to illuminate current events.

Asya Pereltsvaig, PhD received a degree in English and History from the Hebrew University of Jerusalem and a PhD in Linguistics from McGill University. She taught at Yale and Stanford and has been teaching in lifelong education programs since 2010.

Science Charcuterie

With **Kjir Hendrickson, PhD**

April 3, 10, 17, 24 May 1, 8

5:00 p.m. to 6:30 p.m.

Some topics don't fit neatly into OLLI science classes—too big, too small, too little, too much, too off-topic—and often end up on the proverbial cutting room floor. In this course, these intriguing bits and ends are gathered up and presented like a charcuterie board of tasty science snacks. This six-week romp through just about anything one might imagine includes a little bit of color theory, a

morsel of genetic testing science, a dash of airplane physics, some lightning theory, a mouse that turns scorpion venom into a painkiller, current scientific thoughts on the origins of life, and a lot of time to explore topics of interest to the class. Students should bring their questions as the class explores some of the exciting nooks and crannies of science.

Kjir Hendrickson, PhD is a teaching professor in the School of Molecular Sciences at Arizona State University, holds a PhD in chemistry, and authored the textbook *Chemistry in the World*.

Cinema in Transition Exploring Change through Classic Films

With **Jeremy Fackenthal, PhD**

April 8, 15, 22, 29 May 6, 13

1:00 p.m. to 2:30 p.m.

Spring brings new life as the world transitions from dormancy to vitality. This course offers an introduction to film movements and styles, featuring classic films with themes of change. The class begins with discussions on film genres, history, and filmmaking techniques. Several films will be assigned (one per week starting week two), available on Plex, Turner Classic Movies, Max, or through

local libraries. In each session, the film's style, story, techniques, and relevance to the theme of change will be unpacked, providing insight into how cinema reflects transformation in the world.

Jeremy Fackenthal, PhD, is an independent filmmaker and former Director of the Common Good International Film Festival (2019-2023). With a PhD in Philosophy of Religion and Theology, he blends philosophy with filmmaking. He has created a short documentary on spoken word poetry and is now working on a feature-length film.

Car Crazy: 1950s Onward

With **Pandora Paúl**

April 9, 16, 23, 30 May 7, 14

7:00 p.m. to 8:30 p.m.

This course explores key eras of automotive history to understand the profound impact cars have on society and culture. Discussions cover influential designers, iconic vehicles like the Ford Mustang and Chevrolet Corvette, and visionary concept cars such as the Ford Nucleon, highlighting creativity and innovation across eras. The global car cultures, from American muscle

cars to Japan's futuristic designs, reflect unique societal identities and values. Vehicles have become symbols of creativity, status, and technological progress, with each region—from Germany's precision sports cars to Italy's performance masterpieces—showcasing human innovation and cultural expression.

Pandora Paúl, former curator at America's Automotive Trust and LeMay America's Car Museum, has curated award-winning exhibits and served on the Board of the National Association of Automobile Museums.

Neurology in a Nutshell**The Brain Explained**With **Paul Schanfield, MD**

April 10, 17, 24 May 1, 8, 15

3:00 p.m. to 4:30 p.m.

Unraveling the mysteries of the brain is the starting point for a class that navigates the complex, fragmented healthcare system and discusses strategies for advocating for personalized care. In addition to simplifying common neurological conditions—such as headaches, dizziness, stroke, Parkinson’s disease, and memory loss—the course examines testing and imaging

of the nervous system. It also focuses on illness prevention through healthy lifestyles and provides an intimate discussion of end-of-life issues.

Dr. Schanfield, a retired neurologist from Minnesota, practiced privately for 40 years before retiring in 2015. He continues to teach medical students and residents as a Clinical Professor of Neurology at the University of Minnesota. In 2017, he was recognized as the first-ever Community Educator of the Month by the University of Neurology.

Bella Napoli: Italy’s (other) Eternal CityWith **Anthony Antonucci, PhD & Hilary Haakenson, PhD**

April 11, 18, 25 May 2, 9, 16

1:00 p.m. to 2:30 p.m.

Naples, founded by Greek colonists in the 8th century B.C.E., has a rich history shaped by various rulers, from Romans and Byzantines to the Spanish and Bourbons. It became the capital of the Bourbon Kingdom of the Two Sicilies in 1816 and joined unified Italy in 1861, beginning a period of modernization that continues today. This six-week course explores Naples' complex history and

traditions through a "grand tour" of iconic sites, such as Castel dell'Ovo, the Duomo, Teatro San Carlo, and more, along with a taste of the city’s famous food culture, including pizzerias and cafes.

Anthony Antonucci, PhD is a U.S. historian with a PhD from the University of Connecticut and is the recipient of a Fulbright IIE Research Fellowship.

Hilary Haakenson, PhD received her doctorate in Renaissance Art History from Rutgers University with a research focus on Italian cartography and civic monuments. She is a recipient of a Fulbright Fellowship.

Virtuosos in Classical MusicWith **Emanuel Abramovits, MBA**

April 16, 23, 30 May 7, 14, 21

5:00 p.m. to 6:30 p.m.

Using anecdotes, stories, humor, and audiovisuals, this course explores the legacy and artistry of influential performers whose technical brilliance, richness of tone, and showmanship have shaped music history. It contrasts performers who balance showmanship, intensity, passion, and bold elegance. The course examines talents whose impressive ability, charisma,

and distinctive sound have captivated audiences over the last 150 years, including Arthur Rubinstein, Jascha Heifetz, Vladimir Horowitz, Yuja Wang, Itzhak Perlman, Anne-Sophie Mutter, and Lang Lang. Emerging talents such as Alma Deutscher are also explored.

Emanuel Abramovits, MBA, is a mechanical engineer and concert promoter with over 20 years of experience, working with artists like Itzhak Perlman and Gustavo Dudamel. He has staged award-winning orchestral events and served as cultural director at Union Israelita De Caracas from 2008 to 2019.

OLLI COURSES

FITNESS COURSES

WATER AEROBICS

Dates: Mondays & Wednesdays

Session 1: Feb. 3, 5, 10, 12, 17, 19, 24, 26

Session 2: Mar. 3, 5, 17, 19, 24, 26, 31 Ap. 2

Session 3: Ap. 7, 9, 14, 16, 21, 23, 28, 30

Time: 10:00 – 11:00 a.m.

Place: ISU Student Recreation Center
601 N. 6th St., Terre Haute

Cost: \$50 per session **Limit:** 22

Water Aerobics is a moderate to intense aerobic exercise class in the water. The class offers all the tremendous benefits of a cardio workout with some muscle conditioning and strengthening without the impact on the joints associated with traditional land aerobics. Water Aerobics is a flexible class which allows the student to work at their own pace. All exercise is done in shallow water, so no swimming is required. Participants must wear swimsuits. Participants will have use of a locker in the Student Recreation Center, but each participant will need to bring their own lock.

FUNCTIONAL STRENGTH

Dates: Tuesdays & Thursdays

Session 1: Feb. 4, 6, 11, 13, 18, 20, 25, 27

Session 2: Mar. 4, 6, 18, 20, 25, 27 Ap. 1, 3

Session 3: Ap. 8, 10, 15, 17, 22, 24, 29 May 1

Time: 10:00 – 11:00 a.m.

Place: ISU Student Recreation Center
601 N. 6th St., Terre Haute

Cost: \$50 per session **Limit:** 22

Age is not a barrier to having fun and getting a great workout. OLLI Functional Strength is designed to optimize daily life by rebuilding muscle mass, increasing cardio, and improving balance. Designed for all fitness levels, this class includes a variety of exercise formats and equipment that challenge the entire body. This class is guided by an instructor but allows the individual participant to work at their own pace and intensity through the given exercise. Participants will gain strength in this fun-filled fitness class. Remember to bring water!

TRADITIONAL COURSES

The Liberation of Auschwitz Remembering the Holocaust 80 Years Later

With Dr. Anna Carson, Trent Andrews & Nancy Edwards

Dates: January 13, 21 & 27

Time: 1:00 p.m. to 2:30 p.m.

Place: ISU Cunningham Memorial Library (028)
CANDLES Holocaust Museum

Cost: \$20

January 2025 marks the 80th anniversary of the Liberation of Auschwitz. Join the CANDLES Holocaust Museum staff to explore the Who, What,

When, Where, and Why of the Holocaust. This three-session course covers the factors leading ordinary people to turn against their neighbors, resulting in millions of deaths. Learn which minority groups were targeted, the plan for extermination, and stories of the brave resisters who intervened. Through lectures, video clips, discussions, and an interactive interview with a Holocaust survivor, OLLI members will gain deeper insights into the Holocaust's causes and consequences, as well as lessons for preventing future atrocities. Sessions 1 & 2 will be held at CML 028, and session 3 will be held at CANDLES.

Game Changers**The CFP & the Future of College Sports**

With Dr. Matt Blaszkza & Dr. Craig Morehead

Dates: Tues/Thurs, January 14 & 16**Time:** 1:00 p.m. to 2:30 p.m.**Place:** ISU Cunningham Memorial Library
Room 028**Cost:** \$15

Join Dr. Craig Morehead and Dr. Matt Blaszkza, Professors of Kinesiology, Recreation, and Sport at Indiana State University, for an in-depth discussion on the inaugural 12-team college football playoff. They explore the selection process, analyze key games played so far, and preview the upcoming championship match. The course also dives into the broader landscape of college sports, focusing on the effects of conference realignment and the evolving role of the NCAA in shaping the future of college football. Discover how college football is evolving and where it is headed next!

**Managing Osteoarthritis
Strategies for Joint Health**

With Dr. Avinash Inabathula

Dates: Wednesday, January 15**Time:** 1:00 p.m. to 2:30 p.m.**Place:** ISU Cunningham Memorial Library
Room 028**Cost:** \$10

Join Dr. Avi from the Indiana Orthopaedic Institute for an informative osteoarthritis and joint health session. A native of Indiana, Dr. Avi brings local expertise and insight to this class which covers strategies to minimize cartilage wear, explores the various supplements and treatment options, and details various approaches to managing osteoarthritis, including when to consider joint replacement. Dr. Avi trained in joint replacement surgery at the Northshore Orthopedic & Spine Institute in Chicago and will discuss improvements in orthopedics he brings to the Wabash Valley.

**Guardians of the Green
Combating Invasive Species**

With Tabatha M. "Tabby" Flinn

Dates: Tues/Thurs, January 21, 23, 28 & 30**Time:** 9:30 a.m. to 11:30 a.m.**Place:** ISU Cunningham Memorial Library
Room 028**Cost:** \$25

Invasive species pose a serious threat to Indiana's ecosystems and economy by outcompeting native plants and animals, leading to a decline in biodiversity and costly control efforts. Join Tabby Flinn from Purdue Extension for an in-depth look at how to identify, report, track, and manage invasive species across various environments, including aquatic, forest, agricultural, and home landscapes. Learn practical strategies for controlling invasive insects, garden plants, trees, fish, and wildlife; discover how to incorporate native plants into home landscaping for healthier ecosystems.

The History of Rock & Roll Part II

With Dr. Kurt Fowler

Dates: Mondays, February 3, 10, 17 & 24**Time:** 12:30 p.m. to 1:50 p.m.**Place:** ISU Cunningham Memorial Library
Room 028**Cost:** \$25

Join ISU Professor of Music Dr. Kurt Fowler as he picks up where he left off in the Fall Term and takes a deep dive into the historical and cultural context and development of rock music beginning in the 70s with the break-up of the Beatles, continuing through the musical styles of the 80s, and concluding with Nirvana in the early 90s. The class will cover the various ways human experience is reflected in the American popular music of the time as Dr. Fowler discusses basic musical terms and forms, stylistic elements of prominent musical trends, relationships between music and society, and prominent artists and selected songs.

The Globalization of Fast Food

With **Dr. Anne Foster**

Dates: Tuesdays, February 4 & 11

Time: 1:00 p.m. to 3:00 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$15

Join ISU History Professor Dr. Anne Foster as she explores the way fast food brought a standardized American style of quick eating to the rest of the world. American fast food restaurants also adapted to local cultures, changing menus, service styles, and restaurant design. What does this mean for American fast food companies in the future? Will the Big Mac still exist in Tokyo or only the shrimp-based Ebi Burger? As the fast food industry changes with things like quick service, fast casual, apps, delivery, different cuisines, and even healthy choices, how has fast food developed in America and where is it going next?

**Shadows of Fear
The Conspiracy Connection**

With **Dr. Daniel Clark**

Dates: Thursdays, February 6, 13 & 20

Time: 1:00 p.m. to 2:30 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$20

Join Indiana State University Professor of History Dr. Dan Clark for a look at three infamous episodes in American History informed by fears of conspiracy. Dr. Clark will begin by examining the Know Nothing Party that became a powerful political entity in 1854 centered on their belief in a Catholic plot to subvert the nation. Next, he will explore the Red Scare of 1919-20, perhaps the most intense outbreak of subversive fear. Finally, he will examine the mother of all conspiracy theories, the Kennedy assassination and its long history. Be careful if you enroll in this class; you never know who is watching!

**Marketing OLLI
From Idea to Air**

With **Dave Wisniewski**

Dates: Fridays, February 21 & 28

Time: 1:00 p.m. to 2:30 p.m.

Place: Midwest Communications
925 Wabash Ave. Suite 300, Terre Haute

Cost: \$15

In this interactive course, participants will collaborate to create a unique marketing campaign for OLLI at Indiana State, including writing, recording, and producing radio spots in a professional studio. Led by Dave Wisniewski from Midwest Communications, the course covers the fundamentals of modern marketing and how media influences consumer decisions through the "buying funnel," with a focus on radio and online platforms. Learn the importance of message development, and gain practical experience in crafting and delivering impactful messages.

**Drumming Dreams
Mastering the Basics**

With **Pete Kikta, MMA**

Dates: Fridays, Mar. 7, 14, 21, 28 Ap. 4, 11, 18, 25

Time: 9:00 a.m. to 10:10 a.m.

Place: ISU Tirey Hall
Room T150

Cost: \$80 **Limit:** 8 **RSVP:** February 7

Always dreamed of playing the drums? Turn that dream into reality! Join OLLI at Indiana State Coordinator Pete Kikta, MMA, for an exciting eight-session class that explores rudimentary drumming fundamentals. With over 40 years of teaching experience, Pete will guide aspiring drummers through essential skills that serve as a springboard for future study, including the drum set. No prior musical experience is necessary—just a passion for learning! Students will need to practice at home to enhance their skills. The course fee includes a practice pad, stand, and sticks, making it easy to start on the path to becoming a proficient drummer.

Zorba the GreekWith **Elmer Guerri****Dates:** Thursdays, March 6, 13, 20 & 27**Time:** 2:00 p.m. to 4:30 p.m.**Place:** Vigo County History Center
929 Wabash Ave., Terre Haute**Cost:** \$15

Join veteran OLLI instructor Elmer Guerri for an engaging class exploring Nikos Kazantzakis's classic novel *Zorba the Greek*, published in 1946 and adapted into a 1964 film and a 1983 Broadway play, both starring Anthony Quinn. The story follows Zorba, a passionate Greek worker, and "The Boss," his introspective companion, as they navigate life and its complexities in Crete. This course will delve into Zorba's vibrant philosophy, urging us to approach life with fresh eyes and embrace each day fully. The class analyzes themes of love, faith, and tragedy, views the entire 1964 film, and discusses the symbolism in the Broadway musical's lyrics. Participants will also enjoy an in-depth interview with director Michalis Cacoyannis. Come ready to dance Zorba's sirtaki and share in the joy of this unforgettable journey! Students must provide their own copy of the Peter Bien translation of *Zorba the Greek*. ISBN: 978-1-4767-8281-2 or ISBN: 978-1-4391-4466-4 for an e-book.

Preserving Memories**From Curating to Converting to Sharing**With **Drs. Bruce & Connie McLaren****Date:** Tuesdays, March 11, 18 & 25**Time:** 1:00 p.m. to 2:30 p.m.**Place:** ISU Federal Hall
Room 302**Cost:** \$20 **Limit:** 40

Creating a photo book to commemorate a vacation, wedding, anniversary, or special event becomes effortless in this class designed to preserve memories. Utilizing online tools from Shutterfly and other platforms, participants will learn to upload digital pictures and assemble them into an attractive format for printing. On the first day, the instructors will create a photo book with input from the class, which will be printed. The class will review the book at the second session, two weeks later. Participants can build their own memory book at home (computer or tablet preferred) to submit to Shutterfly. An optional session may be offered for those needing to digitize photo prints, with scheduling arranged with Bruce, who can scan photographs. This extra session will not take place in the regular classroom.

March Madness**Beyond the Brackets**With **Dr. Craig Morehead & Dr. Matt Blaszk****Dates:** Mondays, March 17, 24 & 31**Time:** 3:00 p.m. to 4:30 p.m.**Place:** ISU Cunningham Memorial Library
Room 028**Cost:** \$20

Join Dr. Craig Morehead and Dr. Matt Blaszk, Indiana State University Professors of Kinesiology, Recreation, and Sport, for this three-session course

which delves into the excitement of March Madness while exploring its broader social, economic, and cultural implications. Each session will follow the tournament's progress and feature a special focus. Session 1 examines the social effects and impact of March Madness on American culture. Session 2 explores the marketing power of the tournament and the role of athletics as the "front porch" of universities. Session 3 tackles the impact of the transfer portal on the tournament and its lasting influence on college sports. Join OLLI at Indiana State for the Big Dance!

Trailblazing Women in Art History

With **Caroline Heath-Lynch**

Date: Mondays, March 24 & 31

Time: 1:00 p.m. to 2:30 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$15

In honor of Women's History Month, Caroline Heath-Lynch, assistant curator of the Indiana State University Permanent Art Collection, leads an in-depth exploration of the profound impact women have had on modern and contemporary art. The course will cover the historical journey of women in the arts, examine the contributions of female artists like Lee Krasner, Frida Kahlo, and Georgia O'Keeffe in comparison to their male counterparts, and spotlight the work of those challenging sexism, such as Judy Chicago and the Guerrilla Girls. The course also showcases works by groundbreaking contemporary female artists, including those in ISU's Permanent Collection, featuring pieces by Ida Kohlmeyer, Gertrude Abercrombie, and more.

**Drawing with Humor
The Art of Caricature**

With **Amy MacLennan**

Date: Wednesdays, March 26 April 2 & 9

Time: 6:00 p.m. to 7:30 p.m.

Place: Indiana State Fine Arts Building, Rm. 201
200 North 7th St., Terre Haute

Cost: \$40 **Limit:** 12 **RSVP:** March 1

Interested in drawing caricatures but unsure about having the necessary artistic skills? This engaging course, led by caricaturist and Swope Art Museum curator Amy MacLennan, invites participants to explore the art of caricature illustration. The class begins with a brief introduction to various caricature artists and techniques before diving into strategies for representing faces with humor and exaggeration. No artistic experience is required—just a sense of fun. There's no one way to draw a caricature, and participants will have the chance to discover their own unique style. All class materials will be provided for this creative and lively journey into caricature art.

The Rhythm of Change

Exploring the Harlem Renaissance

With **Professor Terry Clark**

Dates: Tuesdays, April 1, 8, 15 & 22

Time: 1:00 p.m. to 2:30 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$25

The Harlem Renaissance marked a vibrant period of artistic and intellectual flourishing among African Americans in the early 20th century. This course, divided into distinct sessions, begins by examining the socio-economic conditions in America, particularly in the South and the Caribbean, that spurred migration to Harlem. Subsequent sessions will delve into the rich art, literature, and nightlife of

Harlem, highlighting key figures and the cultural explosion that attracted patrons from across the five boroughs. The course explores the impact of the 1929 Stock Market Crash and subsequent racial incidents which signaled the decline of this remarkable era. Open discussions will enhance the learning experience throughout this captivating journey.



The Sea in the History of Empires

With **Anne D’Orazio, JD, PhD**

Dates: Fridays, April 4, 11, 18 & 25

Time: 10:00 a.m. to 11:30 a.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$25

From antiquity to the present, the sea has been both a fictional and real force in shaping life on Earth. It has been revered as the source of everything and feared as a danger to all. This course seeks to explore the mystery of the sea’s origin story, to record its role in the rise of powerful empires, and to listen to its cry for help. The four sessions include *Ocean Imagination in Antiquity* from Biblical to Naval history of Japan; *The Sea as the Mother of Empire*, including the South China Sea and Containerships; *Ocean Piracy in Service of the State* touching on the Jewish Pirates of the Caribbean and the Meaning of Treasure Island; and *Islands against a Turbulent Sea*, delving into the tempestuous life of the ocean and the literal meaning of Sea Change.

Journey to the Moon

With **Steve Moore, M.S. Science Ed.**

Dates: Mondays, April 7, 14 & 21

Time: 1:00 p.m. to 2:30 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$20

Discover the thrilling story of the Space Race between the United States and the Soviet Union! Join retired Vigo County School Corporation teacher and Indiana State University instructor Steve Moore as he takes the class through the groundbreaking events that followed the launch of Sputnik I in 1957, sparking a race to land astronauts on the moon. Using stunning visuals and space slides, the class will witness powerful rocket launches, astronauts exploring the lunar surface, and the heroic return of Apollo 13. Students will engage in interactive group activities and relive key moments in space history, from President Kennedy’s iconic challenge to the triumphant planting of the U.S. flag on the moon.

1968: A Year That Shook the World

With **Dr. Donald Maxwell**

Dates: Thursdays, April 10, 17 & 24

Time: 2:00 p.m. to 3:15 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$20

This course, led by Indiana State University History Professor Dr. Donald Maxwell, uses a microhistory approach to focus on one of the most turbulent years in modern history: 1968. Participants will explore the social, cultural, and political events that shaped both

the United States and the world. Key topics include the assassinations of Martin Luther King Jr. and Robert Kennedy, the 1968 presidential election, the Vietnam War and the antiwar movement, and the Civil Rights, Black Power, student, and women’s movements in the United States. Globally, the course examines protests in Communist Czechoslovakia and Poland, a general strike in France, protests that resulted in a government-led massacre of hundreds in Mexico City days before it hosted the Olympics, and pivotal events in France, Cuba, Nigeria, Spain, Haiti, the Middle East, and Germany.

The Catcher in the Rye

With **Dr. Caroline Carvill**

Dates: Wednesdays, April 23 & 30

Time: 3:00 p.m. to 4:30 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$15 **Limit:** 16

Since its publication in 1951, J.D. Salinger’s *The Catcher in the Rye* has been celebrated, vilified, copied, and banned. Join Rose-Hulman Professor of American Literature Caroline Carvill as she dives into this iconic coming-of-age novel and the world of Holden Caulfield, a 16-year-old boy who is expelled from prep school and searches for meaning in the adult world. The class explores the novel’s cultural impact and its lasting influence on American literature. *The Catcher in the Rye* has shaped generations of readers and continues to resonate in today's society.

Cardinals in Winter

A Learn-At-Home Video Tutorial

With **Cynthia Philips-Sabla**

Dates: January 6 through March 31.

Place: At-Home Video Tutorial

Cost: \$35

For a fun winter project with colorful appeal that celebrates the season, *Cardinals in Winter* offers a step-by-step guide to painting beautiful cardinals. Led by Cynthia Phillips-Sabla from the Indiana State University Community School of the Arts, this learn-at-home video tutorial is suitable for beginners and seasoned artists alike. It's a great way to create a masterpiece or enjoy a project with grandchildren during winter. No experience is necessary, and course fees include all materials and supplies which must be picked up at the OLLI at Indiana State offices in Tirey Hall, 220 N 7th St., on the Indiana State campus.

THANKS TO OUR LOCAL PRESENTERS

- | | | | |
|----------------------|------------------------|------------------------|---------------------------|
| Dr. John Aidoo | Anne D’Orazio, JD, PhD | Dr. Jennifer Kirby | The Saratoga |
| Trent Andrews | Nancy Edwards | Amy MacLennan | Dr. Nathan Schaumleffel |
| The Apple House | Jamie Ellis | Maggie & Moe’s Florist | Dr. Michael Shanks |
| Dr. Amy Ash | John Ellis | Carissa Martin | Gabby Sons |
| Cathy Azar | Sherif Derek Fell | Dr. Donald Maxwell | Wyatt Sons |
| Molly Barrett | Tabatha “Tabby” Flinn | Dr. Bruce McLaren | Terre Haute Casino Resort |
| Dr. Matt Blaszk | Dr. Anne Foster | Dr. Connie McLaren | Timmy Global Health |
| Dr. Terrence Casey | Dr. Kurt Fowler | Steve Moore | What’s the Scoop? |
| Dr. Anna Carson | Dr. Mike Godard | Dr. Craig Morehead | Dr. John Wheat |
| Dr. Caroline Carvill | Good News Travel | Royal Mandarin | Dave Wisniewski |
| Dr. Daniel Clark | Elmer Guerri | Dr. Thomas Pendergast | |
| Terry Clark | Caroline Heath-Lynch | Cynthia Phillips-Sabla | |
| Paula Copenhaver | Dr. Avinash Inabathula | Fred Sanders | |
| Pauline Cuvelierr | Samantha Johnson-Helms | Hon. Brandon Sakbun | |

SPECIAL EVENTS

Rolling the Dice A Casino Tour with a Winning Lunch

Date: Tuesday, January 14

Time: 10:00 a.m. to 12:00 p.m.

Place: Terre Haute Casino Resort
4500 E. Margaret Dr., Terre Haute

Cost: \$25 **Limit:** 15

This exclusive tour offers a comprehensive look at the Terre Haute Casino Resort. Participants will explore the gaming areas, luxurious hotel amenities, and gain rare access to behind-the-scenes operations, as much as regulations permit. Insights will be provided by department heads from security, slots, table games, marketing, and more, revealing the intricacies of daily operations. The tour concludes with a lunch at Rockwood, one of the resort's featured restaurants. This is a unique opportunity to experience the excitement and sophistication of the Terre Haute Casino Resort!

Seed Starting Success

With **Fred Sanders, Apple House**

Date: Thursday, January 16

Time: 1:00 p.m. to 3:00 p.m.

Place: Apple House Home & Garden Center
2611 Harding Ave., Terre Haute

Cost: \$25 **Limit:** 20

Fred Sanders from the Apple House leads an informative session on the fundamentals of seed starting, perfect for gardeners eager to kick-start their growing season. This course covers when to start different crops, the common pitfalls to avoid, and how to create the ideal environment for seedlings to thrive. Whether new to gardening or looking to improve techniques, participants will learn practical tips and tricks to ensure success. Participants will leave with seeds to turn into flourishing plants.

ISU Performing Arts Series Unsinkable Women

Date: Tuesday, January 28

Time: 7:30 p.m.

Place: ISU Tilson Auditorium
200 N. 7th St., Terre Haute

Cost: \$23 **Limit:** 12

While performing in the Tony award-winning musical *Titanic*, Deborah Jean Templin researched Titanic survivors. Based on actual diaries, letters, and interviews, *Unsinkable Women* brings to life nine famous figures whose account of the Titanic's final moments lead to a dramatic climax. With music, choreography, costume design, and direction by Broadway veterans, *Unsinkable Women* offers vivid portrayals of these historic women as Ms. Templin transforms herself, shifting from character to character in full view of the audience. *Unsinkable Women* has been called "the most affecting and truthful version of the Titanic story to date."

Celebrating Chinese New Year

With **Pauline Cuvelier, Royal Mandarin Express**

Date: Thursday, January 30

Time: 1:30 p.m. to 3:00 p.m.

Place: Royal Mandarin Express
11 Meadows Shopping Ctr., Terre Haute

Cost: \$40 **Limit:** 35

Celebrate Chinese New Year at Royal Mandarin Express with a vibrant cultural experience led by owner Pauline Cuvelier. Discover the history and customs of this festive occasion while enjoying a delicious lunch of authentic cuisine, specially prepared to bring good luck and prosperity for the new year. Immerse yourself in Chinese traditions, savor the flavors of Eastern culture, and welcome the Year of the Snake! Gratuity included.

**Prep for Spring
Winter Gardening Essentials**

With Fred Sanders, Apple House

Date: Friday, February 7

Time: 1:00 p.m. to 3:00 p.m.

Place: Apple House Home & Garden Center
2611 Harding Ave., Terre Haute

Cost: \$10 **Limit:** 20

Fred Sanders from the Apple House offers a timely session on how to prepare a garden for a productive spring season, even during the winter months. This course covers essential tasks like fruit tree care, highlighting how winter maintenance impacts the harvest, composting, preparing garden beds, and testing soil quality. Participants will also revisit pruning techniques to ensure trees and plants are in top shape for the growing season. Get ahead of the game and learn practical tips to make sure your garden is ready to thrive when spring arrives!

**ISU Performing Arts Series
Get Ready! A Motown Experience**

Date: Thursday, February 13

Time: 7:30 p.m.

Place: ISU Tilson Auditorium
200 N. 7th St., Terre Haute

Cost: \$23 **Limit:** 12

The Motown era brought soul, style, and sophistication to a new level with groups like The Temptations, The Four Tops, Gladys Knight & the Pips, and virtuoso vocalists like Stevie Wonder and Aretha Franklin. *Get Ready! A Motown Experience* features international touring & recording sensation Nina Sky along with three spectacular male singer/dancers and a live band in a warm and witty show that covers all the Motown bases and throws in a few surprises along the way. *Get Ready!* It's not just A Motown experience, it is THE Motown experience.

**Celebrating Valentines Day
Chocolate Tasting Challenge**

With Timmy Global Health

Date: Thursday, February 13

Time: 10:00 a.m. to 12:00 p.m.

Place: ISU Cunningham Memorial Library
Event Center

Cost: \$20 **Limit:** 35

Founded in 1997 by Dr. Charles "Chuck" Dietzen, Timmy Global Health supports care sites in Guatemala, Ecuador, the Dominican Republic, and Nigeria, serving over 100,000 patients. OLLI is hosting its first chocolate tasting contest, featuring Ecuadorian chocolate from Timmy's medical trips, as a fundraiser for ISU's Timmy Global Health students. The event also includes a Timmy Tienda booth offering handmade Ecuadorian souvenirs such as alpaca wool scarves, shawls, and jewelry.

**A Tour of the Orchestra
Reconstructing Music through Art**

With Dr. Jennifer Kirby

Date: Tuesday, February 18

Time: 1:00 p.m. to 2:30p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: \$5

Dr. Jennifer Kirby from the Terre Haute Symphony leads an exploration of how Ancient Western Music has been reconstructed through various forms of art. The course delves into the music of Mesopotamia, Syria, Egypt, Greece, and Rome, tracing its evolution into the music of today. Artwork from museums around the world reveals the instruments used and their societal roles. By pairing iconography with written works from figures like Homer and Plato, a vivid picture of music in European antiquity emerges. The course also examines the oldest written musical examples, rare surviving instruments, and reconstructions using modern copies and voice.

Olive Oil 101: Infusing Oils

With Gabby & Wyatt Sons, Sons Spice Co.

Date: Tuesday, February 25

Time: 1:00 p.m. to 3:00 p.m.

Place: ISU Health & Human Services Building
Food Lab B-29

Cost: \$40 **Limit:** 12 **RSVP:** February 15

In this flavorful class, instructors Gabby and Wyatt Sons from the Sons Spice Co. guides participants through the world of olive oil and the art of infusing oils. The class begins with a tasting of various infused oils created by the instructors, offering inspiration and insight into the process. Participants then have the opportunity to choose their own spices and create a personalized infused oil to take home. This hands-on experience is perfect for anyone looking to explore new flavors and elevate their culinary creations.

ISU Performing Arts Series

Celtic Angels

Date: Tuesday, March 4

Time: 7:30 p.m.

Place: ISU Tilson Auditorium
200 N. 7th St., Terre Haute

Cost: \$23 **Limit:** 12

A joyous celebration of everything Irish will touch American soil this spring when the energetic young stars of *Celtic Angels Ireland* tour the U.S. Through their shared zeal and passion for Ireland's musical traditions, this troupe enables audiences to experience the *Real Ireland* for the price of a concert ticket. Celebrating their cherished heritage through Irish dance, music, and song is something these entertainers take very seriously. Audience members will be enthralled from the moment the lights dim as the sweet and stirring songs of Ireland and rigorously precise dances carry the audience to Ireland on wings of music.

Exploring Concert Repertoire Double Concertos

With Dr. Samantha Johnson-Helms & Friends

Date: Friday, March 7

Time: 1:00 p.m. to 2:30p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: FREE to OLLI Members

Join Dr. Samantha Johnson-Helms, Executive Director and Principal Clarinetist of the Terre Haute Symphony Orchestra, as she previews the THSO's March 7 *Double Concertos: Twice the Fun!* Concert. Part of the THSO Presents! Series, this concert will feature THSO musicians in several stunning double concertos including Bach's beautiful *Concerto for Oboe and Violin*, the brilliant *Concerto for Flute and Harp* by Mozart, Paul Whear's moving *Elegy for MLK, Jr.* for Oboe and English Horn, and Barber's familiar *Adagio for Strings*.

A Taste of Tradition

Lunch & Learn at Saratoga Restaurant

Date: Monday, March 10

Time: 12:00 p.m. to 1:30 p.m.

Place: Saratoga Restaurant
431 Wabash Ave., Terre Haute

Cost: \$50 **Limit:** 60 **RSVP:** February 24

Join Cathy Azar, owner of the beloved Saratoga Restaurant, for a special lunch and learn session celebrating the rich Mediterranean heritage that has shaped this Terre Haute institution. The menu offers a delightful culinary journey through traditional Syrian flavors, starting with a Saratoga Layered Tro featuring hummus, whipped feta, stuff, and house-made pita chips served on the side. The experience continues with a refreshing Syrian salad, followed by a main course of baked kibby, savory sfeehe, and stuffed grape leaves. End the meal with a sweet serving of baklava, accompanied by talamee bread and a non-alcoholic beverage. Discover the history and flavors behind a local legend! Gratuity included.

THSO Presents!

Double Concertos: Twice the Fun!

Date: Sunday, March 16

Time: 4:00 p.m.

Place: Rose-Hulman Hatfield Hall
5500 Wabash Ave., Terre Haute

Cost: \$20 **Limit:** 10

Part of the THSO Presents! Series, *Double Concertos: Twice the Fun!* features the fabulous musicians of the Terre Haute Symphony in a series of stunning double concertos. Performed in the intimate setting of Rose-Hulman’s Hatfield Hall, this performance gives the audience an opportunity to get a closer look at the virtuosity of the symphony musicians. The program will include Bach’s beautiful *Concerto for Oboe and Violin*, the brilliant *Concerto for Flute and Harp* by Mozart, Paul Whear’s moving *Elegy for MLK, Jr.* for Oboe and English Horn, and Barber’s iconic *Adagio for Strings*. Gold

Braggin’ Rights Bracket Challenge

Date: Monday, March 17

Time: 2:00 p.m. to 2:50 p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: FREE to OLLI Members **RSVP:** March 3

Test your basketball knowledge by joining the OLLI Men’s NCAA Basketball Tournament Braggin’ Rights Bracket Challenge! At this session, participants will receive information about submitting their bracket name and joining the official Braggin’ Rights Bracket Challenge group and much more. This contest will use the ESPN Tournament Challenge App, and participants must submit their brackets by the deadlines announced on the ESPN App. Participants may want to take the *March Madness: Beyond the Brackets* course with Drs. Morehead & Blaszk, where the first session includes an in-depth discussion of the tournament field. The winner of the challenge will receive special recognition. Join the Madness of March!

Human Rights Day!

Date: Wednesday, March 19

Time: 9:00 a.m. to 3:00 p.m.

Place: Hulman Memorial Student Union
Various Rooms

Cost: FREE

Join Indiana State University for the annual Human Rights Day on campus. The program will feature a keynote speaker, multiple guest speakers, interactive workshops, and a variety of activities. While centered on the campus of Indiana State, the programming represents the work of many individuals from both Indiana State and the Wabash Valley. Attendees will have the opportunity to engage in meaningful dialogue, explore advocacy strategies, and learn how to take action in support of human rights.

It’s All Greek to Us

With **Gabby & Wyatt Sons, Sons Spice Co.**

Date: Tuesday, March 25

Time: 3:00 p.m. to 5:00 p.m.

Place: ISU Health & Human Services Building
Food Lab B-29

Cost: \$40 **Limit:** 12 **RSVP:** March 15

Join instructors Gabby and Wyatt Sons from the Sons Spice Co. for a culinary journey to the Mediterranean, where participants will learn to create two of Greece’s most iconic dishes: spanakopita and baklava. In this hands-on class, participants will prepare the savory spinach and cheese filling for spanakopita and the sweet, nutty layers of baklava. Experience the art of layering, baking, and mastering these delicious Greek classics while exploring the rich flavors and traditions of Greek cuisine.

Mystery Trip

Date: Wednesday March 26

Time: TBA

Place: TBA

Cost: \$148 **Limit:** 10 **RSVP:** February 15

Shhhhhh...it's a secret! As Winter comes to a close and Spring is bustin' out all over, join Good News Travels for a mystery trip that includes numerous stops sure to delight and surprise. GNT always plans mystery trips that include something new and different, and this trip will not disappoint! Price includes round trip transportation aboard a deluxe motor coach, one meal, a snack, entertainment and surprises, and all group tax and gratuity. Register no later than February 15. You will then be informed where and when to meet to depart for the trip.

Terre Haute Symphony Orchestra Decades of Pop

Date: Saturday, March 29

Time: 7:30 p.m.

Place: ISU Tilson Auditorium
200 N. 7th St., Terre Haute

Cost: \$30 **Limit:** 10

Conducted by the Terre Haute Symphony Orchestra Artistic Director-Designate, Roger Kalia, the THSO presents an eclectic show of popular music including jazz selections by Duke Ellington and songs from the *Wizard of Oz*. The concert will then move on to a variety of pop hits from artists and/or composers such as Frank Sinatra, The Beatles, Led Zeppelin, Freddie Mercury, Journey, Michael Jackson, and Pharrell Williams. This program will also feature vocalist Dan Domenech. OLLI at Indiana State seats are in the Gold Level.

Spring Wreath Making

With **Molly Barrett, Maggie & Moe's**

Date: Tuesday, April 1

Time: 10:00 a.m. to 12:00 p.m.

Place: The Red Barn at Sycamore Farm
5001 Poplar St., Terre Haute

Cost: \$40 **Limit:** 22

Need to spruce up your door after a long winter? Need a new décor item to welcome the return of green grass and flowers? Join Molly Barrett from Maggie & Moe's Poplar Flowers & Decor at this silk Spring Wreath class! Tuition costs covers all supplies, do-dads, and add-ons necessary to make the perfect wreath to brighten up the front door. There will be many options of ribbons, silk flowers, and other additions for students to personalize their wreaths to fit their needs.

What's the Scoop?

With **John & Jamie Ellis, What's the Scoop?**

Date: Friday, April 11

Time: 1:00 p.m. to 2:30 p.m.

Place: What's the Scoop?
5040 S. 7th St., Terre Haute

Cost: \$22 **Limit:** 40

What's the scoop? Hershey's Ice Cream, that's what! Indulge in a delicious sampling of 10 unique Hershey's Ice Cream flavors, paired with a refreshing bottle of water. As each flavor is savored, What's the Scoop owner Jamie Ellis will share fun insights about the history of the Hershey's Creamery Company and a description of each creamy treat. Once the tasting is complete, participants may choose a pint of their favorite flavor to take home and enjoy. This sweet adventure promises to be as educational as it is tasty—perfect for any ice cream lover! Gratuity included.

Beef & Boards Dinner Theater Church Basement Ladies

Date: Thursday, April 24

Time: Load Bus at 9:30 a.m.
Southside parking lot at Haute City Center
Park across from Ollie's

Place: Beef & Boards Dinner Theater
9301 Michigan Rd., Indianapolis

Cost: \$158 **Limit:** 10 **RSVP:** March 13

They're back in the show that started it all! *Church Basement Ladies* is a heartwarming and hilarious musical set in 1965, celebrating the women who keep the church basement kitchen running. Following four characters as they navigate changing times, prepare food, and solve the problems of their rural Minnesota church, this lighthearted trip down memory lane evokes fond memories of church ladies and community meals, offering an afternoon filled with laughter and nostalgia. This trip includes transportation, admission, and a buffet meal.

Exploring Concert Repertoire David's Finale

With **Dr. Samantha Johnson-Helms & Friends**

Date: Friday, April 25

Time: 1:00 p.m. to 2:30p.m.

Place: ISU Cunningham Memorial Library
Room 028

Cost: FREE to OLLI Members

Join Dr. Samantha Johnson-Helms, Executive Director and Principal Clarinetist of the THSO, as she previews the THSO's May 3 concert and provides insight into the music. The concert, aptly titled *David's Finale*, is the final performance of Dr. David Bowden as Conductor of the THSO. Beginning with the rousing Lumbye's *Champagne Galop*, Maestro Bowden welcomes pianist Sean Chen for a performance of Tchaikovsky's *Piano Concerto No. 1* before concluding with Rachmaninov's triumphant masterwork, the *Symphony No. 2*.

Crepe Making

With **Gabby & Wyatt Sons, Sons Spice Co.**

Date: Tuesday, April 29

Time: 1:00 p.m. to 3:00 p.m.

Place: ISU Health & Human Services Building
Food Lab B-29

Cost: \$40 **Limit:** 12 **RSVP:** April 19

Jet off to Paris with instructors Gabby and Wyatt Sons from the Sons Spice Co. for an immersive crepe-making experience! Participants start the class by sampling a variety of delicious crepes, exploring both sweet and savory options. Then, it's time to take the reins—each participant gets the chance to craft their own crepe using a professional crepe griddle. Learn the techniques and tips for mastering this iconic French dish, and enjoy a delightful culinary adventure!

Terre Haute Symphony Orchestra David's Finale

Date: Saturday, May 3

Time: 7:30 p.m.

Place: ISU Tilson Auditorium
200 N. 7th St., Terre Haute

Cost: \$30 **Limit:** 10

Terre Haute Symphony Orchestra Artistic Director David Bowden pops the cork on a bottle of bubbly as he opens his final performance as Conductor of the THSO with Lumbye's *Champagne Galop*. Maestro Bowden then welcomes pianist Sean Chen to the stage to perform Tchaikovsky's passionate, lyrical, and technically challenging *Piano Concerto No. 1* before concluding the program with a masterwork recognized for its gorgeous melodies and triumphant conclusion: *Rachmaninov's Symphony No. 2*. OLLI at Indiana State seats are in the Gold Level.

WEDNESDAY SERIES

Free and open to the public!

1:30 to 3:00 p.m.

Cunningham Memorial Library Event Center



The reviews are in, and the new-look
OLLI at Indiana State Wednesday Series
is a smashing success!

Join us again this semester in the beautiful
Cunningham Memorial Library Event Center on the
Indiana State University Campus for another
outstanding slate of speakers.

Invite a friend to get a taste of what
OLLI at Indiana State has to offer!

**Accident
or
Murder Mystery?**
with
Sheriff Derek Fell
January 22

Sheriff Derek Fell of the Vigo County Sheriff's Office delves into the murky details of an untimely death that has left investigators puzzled. Was it a tragic accident, or does the evidence suggest something far more sinister?

Attendees will be drawn into the mystery, following the steps taken to uncover the truth. This captivating presentation offers a glimpse into the world of criminal investigation and decision-making under pressure. This is a "must-see" presentation and a great way to launch another great semester of the new-look OLLI at Indiana State Wednesday Presentation series!

**Stewarding Public Lands
Democracy in Action!**
with
Dr. Nathan A. Schaumleffel
January 29

Dr. Nathan A. Schaumleffel, CPRE, ACNP, CFRM, CVA, CYSA will discuss the critical role that parks and public lands play in our society and their deep connection to the democratic process, as well as the importance of citizen engagement in the stewardship of our public lands. He will highlight his experiences as a Mayoral-appointed Park and Recreation Board Member for the City of Terre Haute and as the Chief Consultant for the National Association of Park Foundations.

Meet President Godard

with

Dr. Mike Godard

Indiana State University President

February 5

Join us for an engaging presentation by Indiana State University President Mike Godard. President Godard will reflect on his first months at Indiana State, offering insights into his experiences and the University's strategic priorities. He will discuss how Indiana State is addressing Indiana's workforce needs, share future goals, and outline how the University is prepared to meet current and emerging challenges. Don't miss this opportunity to hear directly from President Godard about the impactful work happening at Indiana State and the exciting path ahead!

**Shielding Yourself:
Consumer Protection
&
Scam Protection**

with

Paula Copenhaver

February 12

Join this vital session on *Consumer Protection and Scam Prevention* presented by Paula Copenhaver, Director of External Affairs from the Indiana Attorney General's Office. This informative session dives into critical topics such as identity theft, scams targeting seniors, data privacy, and telemarketing fraud. With real-world examples and expert advice, participants will gain practical strategies for protecting themselves and loved ones from scams. Stay ahead of the curve with the latest insights in consumer law and safeguard personal information and financial well-being. This presentation is a must for anyone committed to staying informed and secure in an increasingly digital world.

**Poetry & the Public:
Creative Expressions in
Everyday Life**

with

Dr. Amy Ash

February 19

Dr. Amy Ash, author of the award-winning poetry collection *The Open Mouth of the Vase*, will discuss public arts projects and multi-media collaborations involving her work—initiatives that invite poetry into our everyday lives in unexpected ways. From the Luzerne County Transportation Authority's *Poetry in Transit* to an international collaboration with sophisti-pop musical trio StarWound of Athens, Greece, this session explores how poetry transforms off the page. Dr. Ash will conclude with a brief poetry reading.

**Understanding Pain
&
Finding Relief**

with

Dr. Thomas Pendergast

February 26

Dr. Pendergast of Horizon Health dives deep into the complexities of chronic pain, exploring its underlying causes and far-reaching impacts on daily life. As a Terre Haute native and the leader of the Sycamore Pain & Wellness team, Dr. Pendergast brings his expertise to discuss a wide range of treatment options, from time-tested therapies to cutting-edge innovations. With a focus on empowering patients, he will also share practical strategies for managing pain effectively, helping individuals reclaim comfort and improve their overall quality of life. This session is essential for anyone seeking a better understanding of chronic pain and its solutions.

Forging the Iron Lady

with

Dr. Terrence Casey

March 5

Rose-Hulman Professor Terrence Casey discusses *Forging the Iron Lady: Margaret Thatcher, the 1970s, and the Origins of Neoliberalism*, his book detailing the rise of the former British Prime Minister Margaret Thatcher. It is both a personal and a collective tale exploring how an uncertain chain of events opened the political space to certain outcomes while throwing up barriers to others. It examines how the tumultuous politics of 1970s Britain shaped her politics and created conditions for major political-economic change. Better understanding the political conditions for major change in the past also offers insight into the potential for political and economic renewal in the present.

**Indiana State is on
Spring Break**

March 12

Indiana State University will be on Spring Break March 12, so there will be no OLLI at Indiana State Wednesday Presentation.

Human Rights Day

March 19

There will be no OLLI at Indiana State Wednesday Presentation out of respect for Human Rights Day. OLLI members and their guests are welcome to join Indiana State University in recognizing Human Rights Day with a series of events and activities held at the Hulman Memorial Student Union. The program will feature keynote speakers and presentations focused on key human rights issues affecting the world today.

Building a Better World:

Engineeres without Borders

with

Dr. John Aidoo

March 26

Join Dr. John Aidoo, an award-winning professor from Rose-Hulman, as he presents on the inspiring work of Engineers Without Borders and their commitment to addressing fundamental human needs worldwide. This engaging session showcases a variety of impactful projects, from constructing vital footbridges to installing sustainable solar panels, each designed to empower communities and foster engineering leadership. Attendees will gain insight into how civil engineering students and professionals collaborate to create meaningful, lasting change in underserved regions. Discover the transformative power of engineering and the vital role it plays in building a better world for all.

**Building a Thriving Future:
The State of the City**

with

Hon. Brandon Sakbun

April 2

Join Mayor Brandon Sakbun for an insightful speech on the exciting progress happening in Terre Haute. Mayor Sakbun discusses the city's economic growth, infrastructure improvements, and key community initiatives, including public safety, education, and environmental sustainability. Hear about new business developments, major road and utility projects, and efforts to create a greener, more inclusive future. Mayor Sakbun's bold vision continues to drive Terre Haute forward, making it a thriving, prosperous community.

**Banjo Strings & Doctor Things:
A Life In Two Worlds**

with
Dr. John Wheat
April 9

Dr. John Wheat transitioned from a celebrated banjo player and recording artist in Nashville to a dedicated physician serving rural Clinton, Indiana.

Renowned for his musical talent, Dr. Wheat's journey took him from the vibrant stages of Music City to the compassionate realm of healthcare. In this captivating session, he shares his remarkable life story, intertwining anecdotes from his musical career with his experiences as a physician.

Attendees can look forward to an engaging narrative accompanied by the enchanting sounds of banjo music, creating a unique and memorable experience that celebrates both art and healing.

**Feeling Confident
&
In Control**
with
Dr. Michael Shanks
April 23

Urinary issues, such as incontinence, overactive bladder, and kidney or bladder stones, can diminish confidence and leave individuals feeling out of control in their daily lives. Dr. Michael Shanks, a respected board-certified urologist in the Wabash Valley, is committed to empowering patients through expert care and compassion. In this comprehensive session, Dr. Shanks explores the underlying causes of these conditions, discusses a range of effective treatment options, and shares long-term strategies to enhance health, restore confidence, and help patients reclaim their sense of well-being and control.

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